

W E E K L Y

NEWSLETTER

MAGDALEN
COURT SCHOOL



SUMMER TERM 2 – WEEK 1

September classes

Today, learners have been introduced to their new class teachers for September. This information will also be sent home, this afternoon, via Class Dojo. Learners will then spend the final two weeks of the summer term in their new classes, following their new timetables and giving them time to get to know their teachers and a new routine.

Sharing food

Please note, we would ask that learners do not share food, including sweets brought from home. It's lovely that so many of our learners want to share their food and sweets with their peers, but many of our learners have allergies or specific dietary requirements, and we are keen to promote healthy eating. If you are looking for ideas for snacks that will help with feeling 'just right' then check out our newsletter from 5th May!

If you have any queries regarding this, or if it is a special occasion, please contact your class teacher.

Swimming

A reminder - please note - Ash and Hazel classes will be having swimming lessons on the following dates:

Thursday 15th June

Stars of the Week!



Oak - All of Oak class!

Larch - Joe

Beech - Oliver

Holly - Jasmine

Elm - Beth

Hazel & Ash - Callan

Post 16 - Finnian

Teachers

Ahead of the change in classes, we thought it would be helpful to share the names and photos of the new class teachers for September. We would be grateful if you could look at this with your learner, and ensure that they are aware of who their new teacher is.



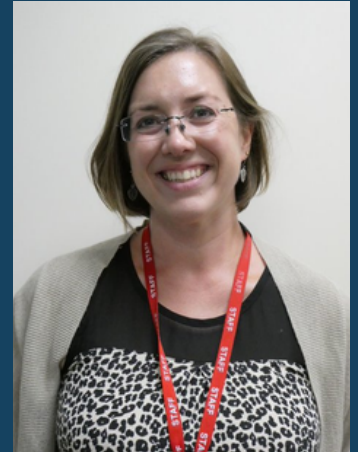
Beech
Alex S



Beech (Friday)
Harry



Elm
Dean



Holly
Alex F



Hazel
Ben



Ash
Alan



Year 11 & Post 16
Amy

Food Tech


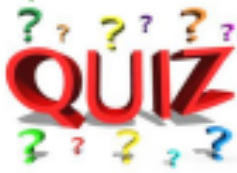


We've had a busy week back in Food Tech! Beech class made a punchy pesto with a slightly unconventional sardine added instead of parmesan and the learners had a go at operating the food processors before trying the pesto with new potatoes, cannellini beans and spaghetti. Larch class made a spicy crispy beef, served up on top of some smashed cannellini beans and stacked up inside a crispy lettuce leaf, then topped off with a squeeze of lime, yum! Post 16 and KS4 learners in Ash class have continued finishing some portfolio work for their practical assessments which are coming together nicely. Holly and Elm classes made a super spinach wrap using chickpea flour, served with a refreshing watermelon, radish and feta cheese salad. The groups were able to transfer previous knowledge of preparing pancakes when making these delightful wraps this week and did a great job! Hazel class completed some very important food safety and hygiene written work for their BTEC coursework. Finally, Oak class made some homemade vegetarian and pork sausage meat rolls using puff pastry. Next week, Beech class will be preparing sausage rolls for sports day and Larch class will be making scones for the cream tea (buffet desert). In post 16 some learners will complete some more practical work for their assessments. Hazel class will be making potato salads and coleslaw for the Sports Day lunch. Finally, Oak will be making a classic flapjack. Due to Sports Day happening on Wednesday next week, Holly, Elm and Ash classes won't have Food Tech.



Sports Day

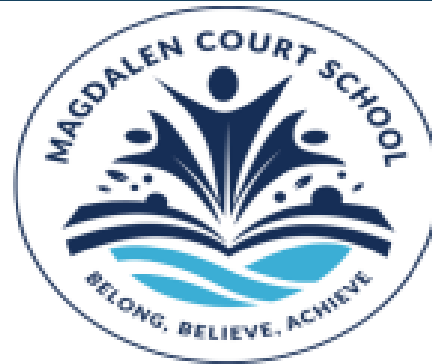
Next Wednesday, our exciting Sports Day will be taking place! Below you will find the plans for the morning, and we would appreciate it if you could look at this at home with your learners. We should have a lovely day, and the learners being as prepared as possible will really help with this!

On the next page, you will find the plans for the afternoon events.

<u>Sports Day 2023</u>				
Wednesday 14 th June				
Morning registration				
Tutor time – Sports based Quiz				
Bus to the arena				
Athletics events begins				
<u>Sports Day Program @ the Arena</u>				
Lower School – Oak, Beech, Larch				
Middle School – Holly and Elm				
Upper School - Ash, Hazel and Post 16.				
Time	Track		Field	
10am	100m	Lower School	Vortex Throw Shot Putt	Upper School Middle School
10:15am	100m	Middle School	Vortex Throw Shot Putt	Lower School Upper School
10:30am	100m	Upper School	Vortex Throw Shot Putt	Middle School Lower School
10.45am	400m	Lower School	Long Jump Javelin	Upper School Middle School
11am	400m	Middle School	Long Jump Javelin	Lower School Upper School
11.15am	400m	Upper School	Long Jump Javelin	Middle School Lower School
11.30am	Relays	Lower and Middle School	Target throw	Upper School
11.45am	Relays	Upper School and Staff	Target throw	Lower and Middle School

Following the exciting events at Exeter Arena, learners will be returning to school for an afternoon of more Sports themed activities.

Return to school



Lunch break



Afternoon rotations



Sports Day Program @ school

	13:30-14:00	14:00-14:30	14:30-15:00	15:00-15:30
Sports Hall: Scoring challenges	Oak	Beech and Larch	Holly and Elm	Ash, Hazel and Post 16
Astro: Cricket	Ash, Hazel and Post 16	Oak	Beech and Larch	Holly and Elm
Garden: Obstacle course and refreshments	Holly and Elm	Ash, Hazel and Post 16	Oak	Beech and Larch
Classroom: Orienteering Course	Beech and Larch	Holly and Elm	Ash, Hazel and Post 16	Oak

Sports Assembly – Prize giving: 15.30-15.45

Brilliant biographies!

We've loved sharing the fantastic biographies written by Holly class, and we've still got more to share! This week, we are sharing the interesting biography of Alan Stuckey, written by Ruby.

Alan Stuckey



In the year 1975 Alan was born in Stoke Newington hospital on the outskirts of Tottenham London. He has 3 siblings one twin brother called Jeff and two sisters called Pip and Jo.

School life was pretty good he loved primary and middle school but was not a massive fan of secondary, school names were Military Road primary, All saints middle school and Thomas Beckett high school. His favourite subjects were PE and Art. He also enjoys football and good food.

In the past Alan has worked in many previous schools and has done an Art degree in the university of Exeter.

Names of schools he has worked at:

Riscia comprehensive as a Senco
Barry's boys comprehensive (Art teacher)
Ellen Tinkham (special needs teacher)
Kiasetsiart university bangkok (Art teacher)
Sky college (Teacher)
Barley lane (teacher)
Magdalen court (Teacher)

Summer Sensory

Survival Kit

This term, we're going to be sharing some fantastic tips from the Summer Sensory survival kit! For the full pack, please visit - www.sensoryintegrationeducation.ck.page/summer-sensory-survival-kit



Top Tip
Create a mini version of your sensory grab bag in a small zip-up case for when a larger bag isn't possible.

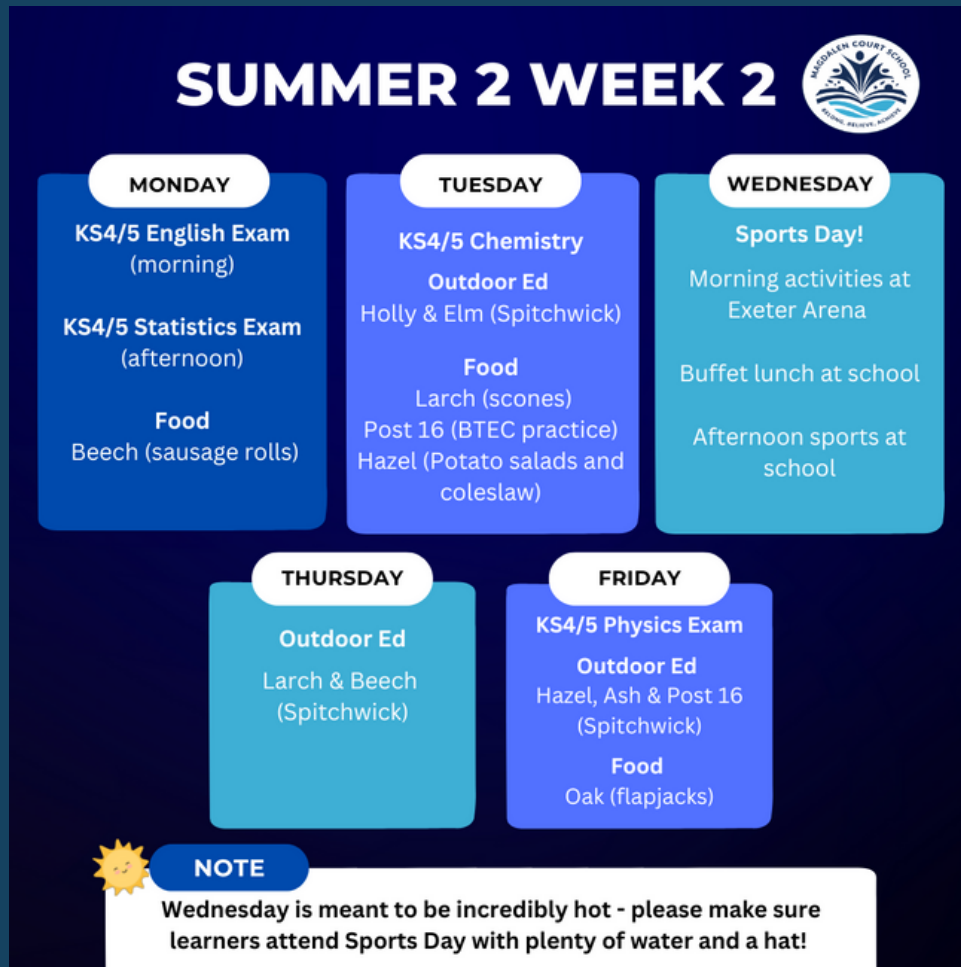
PACK YOUR SENSORY GRAB BAG

Create a personalised sensory kit in a backpack that you can grab when heading out. The goal is to collate items that help you feel regulated (in a calm but alert state) and help you avoid feeling overwhelmed. You should tailor your sensory grab bag to your unique sensory needs but common items to include are:

	Noise-cancelling earplugs or headphones		Fidget toys
	A drink bottle with a straw		Visual toys, e.g. a liquid timer
	Favourite chewy or crunchy snacks		Cards with breathing exercise prompts
	Chewable toys, jewellery or chewing gum		Squeezable stress ball
	Weighted lap pads or toys		Scented item such as scented putty or lip balm
	Sunglasses and/or hat		A soft seamless hoodie

Next Week

Please find the schedule for Week 2, including our exciting Sports Day! This schedule is also available on the website and on the school social media.



SUMMER 2 WEEK 2

MONDAY

- KS4/5 English Exam (morning)
- KS4/5 Statistics Exam (afternoon)
- Food: Beech (sausage rolls)

TUESDAY

- KS4/5 Chemistry Outdoor Ed: Holly & Elm (Spitchwick)
- Food: Larch (scones), Post 16 (BTEC practice), Hazel (Potato salads and coleslaw)

WEDNESDAY

- Sports Day! Morning activities at Exeter Arena
- Buffet lunch at school
- Afternoon sports at school

THURSDAY

- Outdoor Ed: Larch & Beech (Spitchwick)

FRIDAY

- KS4/5 Physics Exam Outdoor Ed: Hazel, Ash & Post 16 (Spitchwick)
- Food: Oak (flapjacks)

NOTE

Wednesday is meant to be incredibly hot - please make sure learners attend Sports Day with plenty of water and a hat!

Outdoor Education

Learners will be continuing to visit Spitchwick next week. It is forecast to be very hot, so please ensure all learners are sent in water and a hat, as well as appropriate clothing for water based activities. Oak Class will not be attending Outdoor Ed this week, due to Sport's Day.

Safeguarding

This week, we are including a helpful information sheet about anime, which is incredibly popular with many of our learners. Anime covers a huge range of topics, so you can find plenty of family appropriate anime, but we would advise reading through the following sheet and familiarising yourself with the wide variety of anime that exists, as some of the content can be inappropriate.

What Parents & Carers Need to Know about ANIME

WHAT ARE THE RISKS?

INAPPROPRIATE CONTENT

Some people assume that anime is safe for children purely because it's animation. However, a large amount is actually geared towards adults, often featuring swearing, graphic violence and nudity. Many anime series follow dark storylines, such as *Cyberpunk: Edgerunners*, which has swiftly become known for its extreme gore, sexual content and disturbing depictions of mental health conditions.

COMMON CROSSOVERS

It's easy for children to get drawn into anime through its many crossovers into video games, such as *Fortnite* and *Call of Duty*, while anime art styles are often used for other products, due to its popularity. Titles like the RPG *Genshin Impact* may look quite cute and accessible, but its loot-box mechanics can introduce young players to behaviours that have much in common with gambling.

DECEPTIVE APPEARANCE

It's easy to mistake anime graphics for a sign of harmless, child-friendly content. This style (big eyes, colourful hair and cute voices), however, can disguise some extremely adult themes. *Vandae Simulator*, for example, strongly resembles a child's game at face value, thanks to its art style, but in reality it features incredibly dark themes such as murder, kidnapping and torture.

Anime, which originates from Japan, is currently one of the most popular sources of entertainment in the world. This style of animation goes back to the mid 20th century, with a broad audience ranging from children to adults. Known for its epic stories, anime often crosses over with video games and other avenues of pop culture via adaptations or spin-offs – such as *Cyberpunk: Edgerunners*, an anime web series based on the popular video game, *Cyberpunk 2077*. The most common intersect, however, is manga: a form of graphic novel from which most anime is adapted.

ROBLOX REPRODUCTIONS

There are hundreds of user-created Roblox games which take their inspiration from anime and manga. While many of these titles will be perfectly age appropriate, there are some that prefer to focus on the storylines of adult and horror anime. *Death Note*, for example (based on the manga and anime series of the same name) would probably be extremely disturbing for most younger players.

MATURE MANGA

The majority of anime is adapted from manga: a form of Japanese comic book. Manga usually features an age rating on the back cover, and it's worth bearing in mind that just because it's a comic, that doesn't mean it's suitable for youngsters. In fact, most popular manga leans heavily towards darker subject matter, which is unquestionably aimed at an adult audience.

ADULT THEMES

Hentai is a type of manga, anime and video game which revolves around characters engaging in explicit sexual encounters. While anime of this kind is usually only found on pornography sites, some gaming platforms – such as Steam – do allow the sale of these titles (referred to as 'H-Games' in the community) and even feature them on the front of their store page when sales are on.

Advice for Parents & Carers

DO YOUR RESEARCH

Despite all the problematic content, there's still a lot of anime out there which is completely child friendly. *Pokémon* and *One Piece* are all long-running anime shows which have family-friendly stories and content. Make sure you check for age ratings and content warnings on streaming platforms when deciding if a particular anime series is suitable for your child.

WATCH WITH YOUR CHILD

Anime covers a multitude of topics, so it's easy to find something that the whole family can enjoy. Anime shows typically involve action and adventure, superheroes, romance, comedy and much more. Watching this content alongside your child isn't only a way to spend quality time together – it will also help you to spot quite quickly if there's potential for any difficult topics to arise in the show.

IT'S NOT JUST TV

Anime is most often in the format of a TV series, but it is also presented as films. Studio Ghibli is often referred to as 'the Japanese Disney' due to the quality and number of films they produce. Most of their movies are fine for children, though they often feature more mature subject matter than western animation: *Grave of the Fireflies*, for instance, is set in Japan during the Second World War.

CHECK GAMES' FEATURES

Often, crossovers with video games simply involve using anime characters as 'skins' to modify the appearance of characters while playing (as in *Fortnite*, for example). If your child's interested in an anime-inspired game that you're unfamiliar with, however, look online at the game's features and for any content warnings to gain a clearer idea of what your child might be exposed to.

Meet Our Expert

Daniel Upacombe is a writer specialising in technology, video gaming, virtual reality and Web3. He has also written 15 guidebooks for children, covering games such as *Fortnite*, *Apex Legends*, *Valorant*, *Roblox* and *Minecraft*. With work published by the likes of *PC Gamer*, *Kotaku*, *Pocket Gamer* and *VG247*, he has reviewed more than 50 games and products over the past year.



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