

W E E K L Y

NEWSLETTER

MAGDALEN
COURT SCHOOL



**Beautiful weather
for Outdoor
Education!**



SPRING TERM 1 – WEEK 5

Postponed Bake Sale

A reminder again that, Seth, in Beech class, is organising a Bake Sale at lunchtime to raise money for a gardening project. This has now been postponed to the 28th February. Classes on Outdoor Education that day will have early access to the bakes - which will include a variety of sandwiches and cakes, as well as vegetarian, vegan and gluten free options! Please see the attached poster for information regarding the sale.

Outdoor Ed

This week, the learners have been studying CPR. We've included a photo of them practicing below! Next week, learners will be reviewing all they have covered so far, and looking at how to care for a patient with a spinal injury. Please remind all learners to bring waterproof clothing.



Headteacher's Award

This week's Headteacher's Award is awarded to Izak in Beech class, for stepping outside of his comfort zone and going on Outdoor Education this week. What a fantastic achievement!

Stars of the Week!



Oak - Sophie
Larch - Ella
Beech - Toby
Holly - Jade
Elm - Cameron
Hazel & Ash - James

School Tour

We are delighted to invite all parents and guardians to the school on the 21st February at 4pm, for a tour of the school and an opportunity to meet the staff. There will also be an opportunity to purchase cakes and sandwiches from Seth's Bake Sale, which is raising funds for a school gardening project.

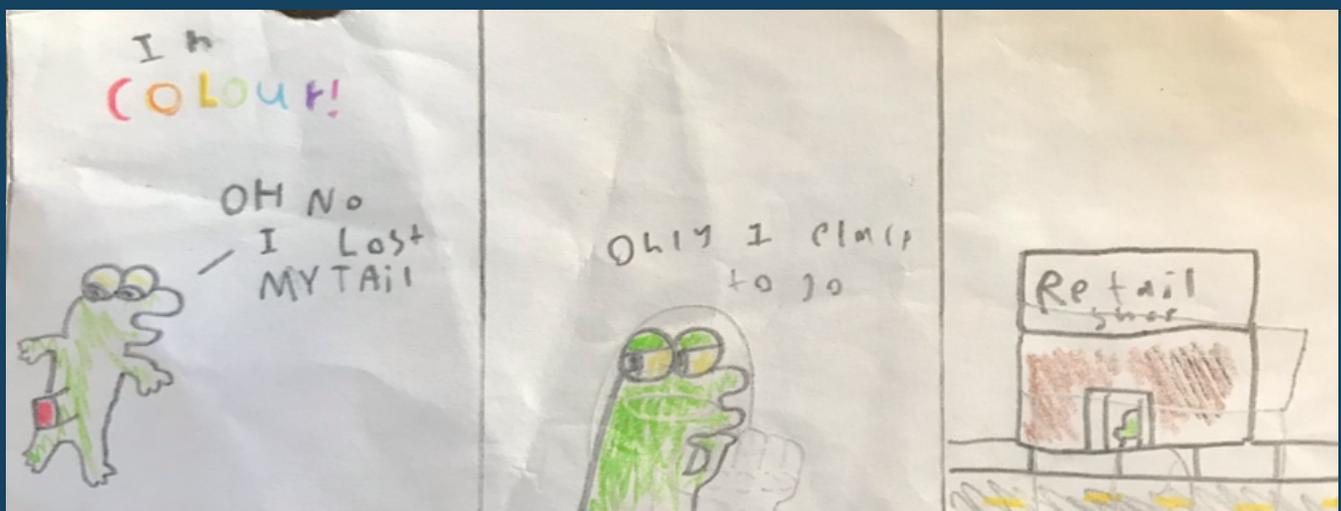
Post 16 Pride!

Post 16 have been celebrating Pride history month! Each of our post-16 had the opportunity to pick a flag and display them proudly. We are covering equality, diversity and respectful relationships in PSHE and will be hosting our own pride event in the coming months. It's brought a brightness to our form room and the students are very proud to represent themselves, their peers and community.



Creative Corner

It's time for another comic from George! This is George's first comic where he has used colour and his first that features a gecko! George would like to say 'I hope you all enjoy my comic!'



Highlights from Food Tech

In food tech this week, classes Beech & Larch made a fantastic aromatic lemon and rosemary chicken with a tasty broth. Learners in Larch have earned 'Chef of the week' for two individuals who managed so well in the kitchen, cooking recipes which really tested their ability and senses, well done! Oak class made some beautiful lemon polenta biscuits. Elm and Holly and post 16 learners made some stunning stuffed sweet peppers, using a wonderful mix of herbs, spice and sour lemon dressing. Hazel and Ash classes developed knife skills preparing vegetables for a saffritto which was used as a base for a risotto bianco. Learners really enjoyed this creamy, starchy dish packed full of flavour.

Next week, Oak, Beech and Larch classes will be getting hands on with making some handmade pasta called Cortecce. Elm will have a go at making some Biscotti biscuits. Classes Holly & post 16 will continue practicing knife skills whilst making the risotto bianco. Finally Hazel and Ash will be making mountain lamb style kebabs.



Music Lessons

After half term we will be offering private music lessons for piano and drumming which will be done during the school day. The cost of the private lessons will be £7.50 for 15 minutes or £10 for 20 minutes. Please Dojo your class teacher should you be interested in having lessons with Luke.

Safeguarding

Safer Internet Day is taking place on the 7th February, and we will be discussing this with all learners in class next week. The theme this year is '**Want to talk about it? Making space for conversations about life online**'. According to a recent study, most young people in the UK think their parents, carers, and teachers will '**misunderstand or overreact**' to what they believe are "**normal, unproblematic behaviour and experiences**". It's therefore really important to try to have non-judgemental and calm discussions about internet use and social media with our learners, as this is the best way to learn about what they are experiencing and to help them become safer online. Please see the next page for a list of online resources where you can find more information about safe internet use.

Safer Internet Challenge

Websites to visit for more information:



Think U Know: www.thinkuknow.co.uk

The Child Exploitation and Online Protection Centre (CEOP) have a website which is suitable for children aged 5-16 and has a section just for parents/carers with advice and information.

childline

ONLINE. ON THE PHONE. ANYTIME.

ChildLine: www.childline.org.uk

The ChildLine website has a wide range of info and advice on both online and offline safety. There is info about online gaming, grooming and the Zipit App which helps children feel empowered when confronted with inappropriate chat online. They also provide a helpline for children to get advice over the phone: 0800 1111.



UK Safer Internet Centre: www.saferinternet.org.uk

UK Safer Internet Centre provides a wide variety of advice and guidance to help you discuss online safety with your children. There are useful checklists for privacy settings on social networks and suggestions to consider before buying devices for your children.

Childnet

Childnet: www.childnet.com

Childnet has resources, including videos and storybooks, to help you discuss online safety with your children. It includes advice on setting up parental controls, cyberbullying and setting up a family agreement for safer internet use.

internet matters.org

Internet Matters: www.internetmatters.org

Internet Matters bring you all the information you need to keep your children safe online. It has a tool which guides you through how to set up parental controls on all the different devices in your home to protect your children.

parentzone
the experts in helping parents

Parent Zone: www.parentzone.org

Parent Zone sits at the heart of modern family life, providing advice, knowledge and support, to shape the best possible future for children, as they embrace the online world. They help parents develop the right skills and understanding, so that their children can discover the possibilities and opportunities available to them online.

NSPCC

NSPCC: www.nspcc.org.uk/keeping-children-safe/online-safety/

The NSPCC is here to support parents with online safety advice, and they are here for children and young people – to protect them and help them recover from abuse.



SETH'S

Bake Sale

*Raising money for a
garden project*

Cakes
Drinks
Sandwiches

Gluten free, vegetarian and
vegan options

28th February 2023
Lunchtime
Sports Hall