



MAGDALEN COURT SCHOOL
OUTDOOR EDUCATION SCHEME OF WORK. SPRING TERM 2023 (Jan-March)

LEARNING THEME – FIRST AID, SAFETY & SURVIVAL SKILLS. YEARS 7-11.

Common themes throughout scheme of work – Teamwork, communication, building self-esteem and learning outdoor skills.

Date w/c	Visit Location	Learning Aim/Objectives
3 January	Woodland Shaptor Woods, Bovey Tracey TOILETS-Bovey Tracey	First Aid practical. 1. Identify emergency situations and prioritise casualties. 2. Two-way Radio use. Intro to techniques.
9 January	Woodland Shaptor Woods, Bovey Tracey TOILETS- Bovey Tracey	First Aid Scenarios to link to previous week's learning. 1. Individual performance observed and assessed. 2. Two-way Radio use. Make and receive information 3. Make 999 call. 4. Know location of incident.
16 January	Woodland– Yarner Woods nr Haytor TOILETS- Bovey Tracey	Review from previous week. 1. Recovery Position 2. CPR using manikins 3. Defib intro. Basics. 4. Choking



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23 January	Woodland– Spitchwick Common nr Holne TOILETS - Newbridge	Review from last week. 1. Bandaging- Dealing with minor bleeding. 2. Supporting a broken limb. 3. Shock – S&S/Treatment.
6 February	Woodland– Bovey Tracey Park TOILETS - Bovey Tracey Tourist Info	Review from last week. 1. Heart Attacks – W Pos. 2. Strokes – F.A.S.T 3. Epilepsy – Recognising S&S
13 February	FEB HALF TERM	
20 February	Woodland– Yarner Woods nr Haytor TOILETS- Bovey Tracey	Review from previous week. 1. Allergic Reactions. Epi-Pen 2. Burns – Classification 3. Hypothermia – Stages 4. Minor Injuries – splinters.



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27 February	Woodland– Bovey Tracey Park TOILETS - Bovey Tracey Tourist Info	Review from previous week. 1. Scenario assessments 2. Peer reviews 3. Celebrating success – Certificates handed out.
6th March	Woodland– Widecombe Woods. TOILETS – Widecombe-in-the-Moor	Review from previous week Survival Skills. John Muir Award (JMA) / DofE 1. Shelter building 2. Cooking skills 3. Navigation basics 4. Survival Skills
13 March	Woodland– Widecombe Woods. TOILETS – Widecombe-in-the-Moor	Review from previous week Survival Skills. John Muir Award / DofE 1. Shelter building 2. Cooking skills 3. Navigation basics 4. Survival Skills
20 March	Woodland– Widecombe Woods. TOILETS – Widecombe-in-the-Moor	Review from previous week Survival Skills. John Muir Award / DofE 1. Shelter building 2. Cooking skills 3. Navigation basics 4. Survival Skills
EASTER HOLIDAYS		