

W E E K L Y

NEWSLETTER

MAGDALEN
COURT SCHOOL



Some of the delicious food made this week in Food Tech!

SPRING TERM 1 – WEEK 1

Welcome Back!

Welcome back to staff and learners after the Christmas break! We hope the holiday was enjoyable and we are pleased to see the learners return to school this week.

Outdoor Ed

As discussed in the last newsletter, the Outdoor Education sessions will have a First Aid focus this term. Next week, the students will be visiting local woodland and practicing safe radio use and how to make emergency phone calls. Please ensure that learners bring spare, waterproof clothing.

Staffing

This term, we welcome Alex Swan who will be teaching Oak Class, and Emma White who is joining Grace Bruce in the PE department.

A message from Emma

Hi everyone, I am Emma the new PE teacher. Grace and I will be taking PE lessons and we are very excited to get everyone moving. I have a huge passion for Sport and being active and I hope my enthusiasm will rub off on you. If you can get involved in Sport at any level, you will never be lonely in the world and will always find a community around you. This is one of my biggest driving forces to help young people find a love for activities. This half term we will be looking at gymnastic movements in one lesson, with an eventual aim to use the equipment to start vaulting. In the other lesson we will be looking at more game-based skills through invasion games. Post 16 pupils will get the opportunity to go out for a power walk/run in their PE lessons so don't forget your trainers on Wednesdays and Fridays.

I have been so impressed with everyone I have met so far, and I look forward to getting to know everyone as the term goes on.

Food Tech

Classes Holly, Elm and Ash kick started the year making anti-pasta dishes in food tech this week. Each group assembled three dishes; bruschetta with tomato salsa, melons with cured meats and tomato & mozzarella salad. We discussed some of the factors effecting diet due to economic and geographical locations. I was very pleased to see so many pupils trying new foods and enjoying being back in the classroom learning. Next week we will be practicing different methods for preparing pizza dough.

Headteacher's Award

This week, the Headteacher's Award is awarded to Arthur Whiteley. Since the start of term, Arthur has displayed a brilliant attitude towards his work and produced some brilliant handwriting!

Stars of the Week!



Oak - Freddie
Larch - Ozzy
Beech - Oliver M
Elm - Grace
Holly - Jasmine
Hazel & Ash - Joe

Safeguarding

Our focus this week is on Staying Safe on New Devices. Many of our learners may have received new devices for Christmas, and it is important to ensure that all users understand how to keep themselves safe online. Whilst many of our learners feel very comfortable with technology, it is always worth discussing how they are using their devices and what websites or forums they may be accessing. Please see the poster on the following page, for top tips to keep safe online and talk about these at home!

STAY SAFE ON NEW DEVICES

Whether you're an internet newbie or a pro at surfing the web, it's always important to keep online safety in mind. We've pulled together a list of top tips to make it easier for you to protect yourself and your devices in the digital world - helping you steer clear of hazards like misleading information and vicious viruses. There's never a bad time to refresh your internet safety knowledge, but it's an especially smart thing to do before you start using any shiny new devices!

SHOW RESPECT TO OTHERS

Be suspicious of new information

TELL A TRUSTED ADULT IF SOMETHING UPSETS YOU

DON'T CHAT WITH STRANGERS

BE HONEST WITH PARENTS & CARERS

TAKE BREAKS FROM BEING ONLINE

ASK PERMISSION before downloading anything

AVOID SHARING PRIVATE PHOTOS

Stick to trusted apps

TAKE NOTICE OF AGE RESTRICTIONS

DOUBLE CHECK YOUR NEWS SOURCES

Don't give away personal information

 National Online Safety®
#WakeUpWednesday