



## AUTUMN TERM 2 – WEEK 6

### Christmas lunch & Jumper Day

With the end of term fast approaching, we are excited to announce the return of our Christmas lunch and jumper day! On Tuesday 19th December, we will be serving a buffet style lunch with turkey rolls and learners are encouraged to wear their Christmas jumpers on top of school uniform - we can't wait to see them!

### Uniform

After the holidays, the value we will be focusing on will be respect for our uniform. Class teachers have recently spoken to all learners and we are expecting all learners to return wearing the school uniform - either the official uniform or dark jogging bottoms with a white tshirt. Please speak to your class teacher if you have any concerns.

### Staffing Changes

Dean Coppard will be leaving us at the end of this term. We would like to thank him for all his hard work and wish him well for the future. Gerry Davis will be joining as the new Elm teacher and next week we will be sharing photos of new staff for you to show your learner at home.

### Christmas Fayre

As this newsletter is emailed to you, the wonderful PAFOM team are setting up for our exciting Christmas Fayre. We can't wait to tell you all about it next week!

### Jokes of the Week!

Adam came home one day before Christmas and said, it's Christmas Eve!

We also had a brilliant play on words from Benji, who put a clock in front of his face and declared he was going to facetime!

**Thank you to George and Benji for their jokes!**

## Headteacher's Award



This week's award goes to Mala-ann and Kellan for organising the school library. They did a fantastic job and took a great deal of pride in how the room looked! This shows real respect for their school environment.



## Our Values Stars of the Week

Respect  
&  
Resilience

Health  
&  
Happiness

Kindness  
&  
Independence

This week, we are focusing on **resilience**, specifically resilience in learning. We all find learning tricky at times, but it is fantastic to see our learners continuing to try and pushing themselves to succeed.

### Oak

Henry for pushing through learning barriers to succeed  
Leo for continuing to try his best, even when it's tough  
Charlie for resilience with some difficult Maths assessments

### Larch

Isaac for trying new and difficult activities  
Alfie for resilience in PE

### Beech

Sophie for always coming back to difficult activities  
Kellan for excellent engagement with the class text  
Dainton for working hard to catch up with missed work

### Holly

Neve for resilience on Outdoor Education  
Ozzy for resilience with Maths  
Thomas, Joe, Ella, Isabel, Toby & Arthur for resilience with changes in school

### Elm

Bonnie for showing resilience in difficult situations  
Rosie for showing resilience all term

### Hazel

George for showing resilience in all his lessons

### Ash

Ruby for pushing herself to do things outside of her comfort zone  
Jade & Phoenix for resilience with learning  
Mae for working hard in lessons

### Lime

Freddie, James & Isaac for attending community activities

### Maple

Hannah for maturely navigating changes in school

Getting

to

know

you!

Let's get to know Alex -  
who is both Holly class  
teacher and a  
Governor!



**What's your favourite movie?** *asked by Izak*  
Captain Marvel!

**What is your favourite colour?** *asked by Charlotte*  
Rainbow!

**What's your favourite dinosaur?** *asked by Isabel P*  
Ankylosaurus

**What's your favourite TV show?** *asked by George*  
Gardeners World

**When you were small, did you like watching Disney films?** *asked by Rosie*  
When I was small, Disney films did not exist!

**Where is your dream holiday spot?** *asked by Theo*  
Venice - it's a really romantic and historical city! I want to travel in a boat instead of a car and visit cathedrals and museums.

**What's your middle name?** *asked by Hannah*  
I'm not telling you!

**What is your favourite dog breed?** *asked by Toby*  
A whippet!

**What's your favourite state of America?** *asked by Joseph*  
Montana, because John Denver sings a song about it.

**What made you want to be a Governor at Magdalen Court?** *asked by Arthur*  
I'm passionate about Magdalen Court School and I want to do everything I can to support us in our growth.



## Food Tech

We have had another busy week in the Food Tech department and learners have absolutely loved getting some more Christmas cooking underway. Learners in Larch, Oak, Beech and Elm class made adorable Rudolf cupcakes, decorated with chocolate frosting, pretzels for antlers and cherries for noses. Holly class worked very hard to produce bespoke chocolate bar concoctions for the PAFOM Christmas cracker event on Friday evening - it was like being in a Wonka production line! Learners in Hazel, Maple and Lime class made Christmas cakes and orange syrup. Learners in post 16 and Ash class started to decorate their Christmas cakes with marzipan, which are really taking shape now and are looking fantastic!

Next week, Larch and Oak class will be making gingerbread biscuits. Beech & Elm class will make chocolate yule logs. Holly class will make Rudolph cupcakes. Classes Hazel, Ash, Maple and Lime will continue decorating their fabulous Christmas cakes.





### Speedy Santa run!

A big well done to Holly, our TA from Oak class, who took part in the Santa Run in Exeter city centre over the weekend. The 5K run was raising money for the City Community Trust, who support some fantastic community projects right across the city. Holly ran the 5K in around 25 minutes, which is fantastic!

Well done, Holly!



### The Lord Mayor's Carol Service

On Monday, Holly class had an exciting trip to The Lord Mayor's Carol Service at Exeter Cathedral. It was a great day out and Neve has shared her thoughts below -

*I enjoyed it because it was something different and unique! The cathedral is huge! We sang Ding Dong Merrily on High, Walking in a Winter Wonderland and Silent Night. The best bit was the choir - the Maynard Middle School Choir - because it gave me memories of primary school.*



### A request from the Therapies Team

The therapies team would really appreciate any donations of tuppaware pots with lids for our fine motor group boxes. They would also appreciate any donations of zoom balls, yo yos, large or small soft sponge balls, which are for the gross motor boxes. We are hoping that we might be able to gather some of these items from our Magdalen Court community and do our bit for the environment to reduce, reuse and recycle!

## **Christmas Activity Trips - A message from the Outdoor Ed team**

Hi all, next week during our Outdoor Ed sessions we will be taking our pupils on festive visits to various venues such as Ten Pin Bowling, Swimming and Haven Banks Outdoor Education Centre. These trips include lunch after their activity.

Pupils should wear their normal Outdoor Ed clothing as we will be outside at various points during the day. Also, please pack any snacks they want to eat in addition to the lunch we are providing.

The pupils voted for an activity and the most popular choices were organised as follows...

### **Monday 11th**

Oak & Larch

Haven Banks Outdoor Education Centre. On-Site Climbing Wall and Caving system

### **Tuesday 12th**

Holly & Elm

Finlake Falls Swimming Pool, Chudleigh

### **Wednesday 13th**

Beech

Ten Pin Bowling, Ocean Exmouth

### **Thursday 14th**

Hazel & Ash

Ten Pin Bowling, Ocean Exmouth

### **Friday 15th**

Maple & Lime

Ten Pin Bowling, Ocean Exmouth.


We are looking forward to celebrating with everyone on our last full week before Christmas. If you have any questions then please contact us or your class teachers.

Moss and Katie  
Outdoor Ed Team

## Next Week

Please find the schedule for next week below, as well as on the website and social media. Please note, the Outdoor Education trips are different this week.

# AUTUMN 2 - WEEK 7



<b>MONDAY</b> <b>Christmas Trip</b> Oak & Larch (Haven Banks Climbing)  <b>Food</b> Hazel (Decorating Christmas Cake)	<b>TUESDAY</b> <b>Christmas Trip</b> Holly & Elm (Finlake - Swimming) <b>Food</b> Year 11/Post 16 (Decorating Christmas Cake) Larch (Gingerbread biscuits)	<b>WEDNESDAY</b> <b>Christmas Trip</b> Beech (Ten Pin Bowling) <b>Food:</b> Elm (Chocolate yule logs) Ash (Decorating Christmas cakes) Oak (Gingerbread biscuits)
<b>THURSDAY</b> <b>Christmas Trip</b> Ash & Hazel (Ten Pin Bowling) <b>Food</b> Holly (Rudolph cupcakes) Post 16 (Decorating Christmas Cake)	<b>FRIDAY</b> <b>Christmas Trip</b> Year 11 & Post 16 (Ten Pin Bowling) <b>Food</b> Beech (Chocolate yule logs)	

## Safeguarding

This week, our safeguarding focus is social media safety! Instead of the 12 days of Christmas, we have 12 Social Media Online Safety Tips! Whether your learner will be getting a new device this Christmas, or if they are already regularly posting online, these tips are a great way to keep everyone safe on the internet.

If you would like any support with this, or with any of our safeguarding topics, please reach out to Jane or Grace.





National  
Online  
Safety®

#WakeUpWednesday

# 12 Social Media Online Safety Tips FOR CHILDREN WITH NEW DEVICES

With Christmas only a few weeks away, many of you will be using social media to share your excitement with friends and family. Being active on social media is a great way to show others how much fun you're having, but it's important that you know how to use these apps safely and securely so that bad things don't happen. By following our safety tips below, you can make sure that your personal information stays private, your postings are positive and that your social media use overall is responsible, healthy and most of all enjoyable.

1

## DON'T ACCEPT FRIEND REQUESTS FROM STRANGERS

Make sure that you set your profile to private so that people you don't know can't find you online. Always tell a trusted adult if a stranger or somebody you don't know sends you a message or a friend request.



2

## NEVER SHARE YOUR PERSONAL INFORMATION WITH PEOPLE YOU DON'T KNOW

Keep your personal information personal. Sometime people online aren't always who they say they are and might ask you to share things that you don't feel comfortable sharing.

3

## DON'T SHARE EMBARRASSING PHOTOS OR VIDEOS OF OTHERS ONLINE

This could really upset them and could get you into a lot of trouble. Always think twice before posting anything on social media and treat people online as you would in real-life.



4

## NEVER SEND NAKED PICTURES OF YOURSELF TO OTHERS

This is illegal if you are under 18 and you could get into trouble with the Police. If you are being pressured by someone, always say no and tell a trusted adult. Even if you think it is innocent fun, the photo could be shared with other people and you won't be able to control who else sees it.



5

## CREATE A POSITIVE ONLINE REPUTATION

Always be kind and polite when posting comments on social media and only upload pictures and videos of things you are proud of. This forms part of your digital footprint. Everything you do online can be tracked and monitored and could affect what people think of you in real-life if it is negative.



6

## LIMIT YOUR SCREEN TIME

Social media can be addictive, and it is easy to keep checking newsfeeds or your notifications every 5 minutes which can affect your behaviour and stop you from doing other things. Remember to only use your phone at certain times of the day, turn notifications off at bedtime and go out and have as fun as much as possible. This will keep you fit and healthy and make you appreciate there's more to life than just what's on social media.



7

## BLOCK ONLINE BULLIES

Sometimes people might say nasty things to you online or post offensive comments on your pictures or videos. If this happens, always tell a trusted adult who will help you block them from your profile and support you in taking further action.



8

## REPORT INAPPROPRIATE CONTENT

If you see something on social media that you don't like, offends you or upsets you, you should always report it to a trusted adult. You should also report it to the social media app who will be able to remove the content if it is against their user policy and can block the person who posted it.



9

## ONLY USE APPS WHICH YOU ARE OLD ENOUGH TO USE

Before downloading any new social media app, always check the age-rating. If you need help, ask your parent or carer to make sure that the app is safe for you to use and never download anything which you are too young for as it may contain content that isn't safe for you to see.



10

## ALWAYS SECURE ALL YOUR SOCIAL MEDIA PROFILES WITH A PASSWORD

This will help to keep your private information safe and won't allow others to access your profiles without your permission. Make sure your passwords are memorable and personal to you but something which other people can't guess, and always share them with your parents just in case you forget them.



11

## ASK PARENTS TO SET-UP 'PARENTAL CONTROLS' FOR SOCIAL MEDIA

When you download a social media app, you should always ask a trusted adult to help you set it up for the first time. This will help you control who sees what you post, who can contact you and make sure you are able to enjoy using the app safely and securely.



12

## ALWAYS TALK TO YOUR TRUSTED ADULT IF SOCIAL MEDIA IS MAKING YOU UNHAPPY

Sometimes, social media can make us feel bad about ourselves or sad that we aren't the same as someone else or doing the same things as someone else. Remember, if you ever feel this way, it's really important to talk to your trusted adult(s) like your parents, carers, other adult family members or a teacher, all of whom will be able to support you and discuss your feelings with you to help make you feel better.

