



A few snacks for an afternoon tea will be important.

Senior School Headmaster: Mr J.Bushrod B.Sc. Hons. PGCE
 Middle School Head teacher: Mrs S.Wrightson B.Ed. Hons
 Junior School Headmistress: Mrs. J.Jenner B.Ed Hons B.A.

Dry-Ski Slope Courses & Snow Dome Trip

These courses are ideal for pupils who have-not skied on snow before & those warming up for the ski trip in Feb. to La Rossiere. The last thing you want is to arrive at your expensive ski resort, to find you spend the first couple of days on the nursery slopes, when your £150 ski pass gives you access to the whole mountain.

The course is open to any pupils who are be interested,
whether-or-not they intend to join the school ski holiday.

Age Time	<p>10yrs + as a rough guide, depends on the maturity of the child!</p> <p>Exeter</p> <p>Lesson 4:30pm to 6:00pm Leave school at 4:00 You can pick them up at the slope at 6:00 or back at school about 6:20 Thu. 4th Nov. Complete beginners only Thu. 11th, 18th & 25th Nov. Thu. 2nd & 9th Dec.</p> <p>£15 per lesson</p> <p>Plymouth</p> <p>12:15 to 5:30pm (6pm on last night) Lesson 2 - 3:30, Food 3:30 - 4:15 Cost inc. Jacket Potato & Filling & Toboggan runs on last night) Thu.; 6th, 13th, 20th & 27th Jan. £20 per lesson inc. Jacket potato & filling The last week will be a ski lesson + toboggan rides</p> <p>Snow Centre; Hemel Hempstead See separate letter Mon. 20th Dec.</p>
Places	<p>I can only transport 16 pupils.</p>

Duke of Edinburgh's Award

Those pupils who are 14yrs old this term, or older, may like to use these sessions for their Duke of Edinburgh's Award, sports section.

Magdalen Court School is a Family Trust promoting children's education.

Magdalen Court School, Mulberry House, Victoria Park Road, Exeter EX2 4NU
 Tel: (01392) 494919 Fax: 0870-7051-321
 E-Mail: Admin@MagdalenCourtSchool.co.uk Internet: www.MagdalenCourtSchool.co.uk

Skiing lessons greatly reduce the chance of pupils damaging themselves when skiing, which is why we run this dry-ski-slope course & insist that all pupils have lessons on the snow in the mountains every day.

You need to be aware though, that falling over on the dry-ski-slope can be very painful & broken limbs can happen, although often through disregarding instructions. Also Skiing is inherently risky. You should only undertake this activity if you & your guardians are personally prepared to accept these risks & recognise that you will be exposed to potentially life-threatening situations.

Clothing for the lessons:

Old trousers, long sleeved jumper/jacket, thick clothes help cushion the falls & **Gloves**.

Food & Drink

Please ensure pupils bring a snack, skiing is very physically demanding & after a long day at school, they get very hungry. There is a hot drinks machine £0.30 per drink, takes 10p & 20p pieces only. Flap jacks, biscuits, sandwiches, fruit are all good examples, it is best to give them too much.

Code of Conduct For Skiing

- § Follow instructions closely.
- § Don't go higher than you're told on the slopes.
- § **Do have fun.**
- § Do take care.
- § Do wear gloves.
- § Do remember some change for a hot drink/snack after.
- § **Don't ski too fast**
- § Don't ski out of control.
- § Remember you are legally responsible for accidents if you ski into someone below you.
- § Don't jump the line for the lifts.
- § Don't start skiing until the instructor or Mr J says so.
- § Listen closely to the instructors.
- § Don't talk when the instructor is.
- § If mum/dad is picking you up from the slopes, remember to take all your school bags, lunch boxes etc, down on the bus.
- § Get changed into your ski at the end of school.
- § Be polite to everyone.

It's a good idea to bring a hat & rain coat (the slope is much more fun when its wet).

Copies of these letter can be found on the school web site: www.MagdalenCourtSchool.co.uk
follow the 'Information' & then 'Letters' links.

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Return Tue. 2nd Nov. Please

I would like my son/daughter to take part in the following ski sessions.

I enclose a cheque for:

Exeter £15 per lesson (6 lessons £90 or 5 lessons £75)

Plymouth £80 for 4 lessons, inc. jacket potato & filling (Toboggan run on last week only)

The Snow Centre £55

*Would you please pay these payments by cheque, marked with the **child's name** & the **'Dry-Ski'** written on the back.
To 'Magdalen Court School*

I am aware that falling over on the dry-ski-slope can be very painful & broken limbs can happen.

If you are not aware of the risks involved or the procedures we put in place to manage these, please ask myself, in person or by e-mail & I will be most happy to describe the activity in greater detail, explaining the potential risks your child will be exposed to.

John@MagdalenCourtSchool.co.uk

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