



Senior School Headmaster: Mr J.Bushrod B.Sc. Hons. PGCE
Junior School Headmistress: Mrs. J.Jenner B.Ed Hons. B.A.
Deputy Head: Mr J.Jenner Jr. B.Ed. Hons. Adv. Dip. (I.T.) F.I.S.T.C

Princetown to Plymouth Cycle Trip

Friday 20th May 2011

I'm proposing to run a cycling trip from Princetown along the rough gravel tramway & then along Plym Valley Cycle Trail, before finally winding our way along the streets to Plymouth Hoe. Much is traffic free, using an along the & sheltered South & Westerly edge of Dartmoor. It will include wild open sections of Dartmoor, picturesque old railway line

Who can go?: Priority to Upper

Cost: £5

Distance: 35k (22 miles), mixed terrain, mostly flat or down hill.

Time: Depart 8am, return 5pm approx

It will take me 30 minutes to load the bikes, so please be in school by 7:30 to facilitate this, or bring them in the day before.

Driver: Will make life a lot simpler for us if we had a parent who was prepared to drive the minibus for us. Any volunteers?

What do they need?

- This is ideal Mountain Bicycle territory, although a highbred would cope. They will be transported by open trailer & roof rack. If you want to limit the damage to paintwork from the bikes knocking each other, buy some foam pipe insulation to cover the main bars, as they will be knocked about in transit.
- Waterproof jacket, even if the sun is shining.
- Rucksack
- Packed lunch + drink
- Pocket money for ice cream/tea, the café may be open! We will stop at the garage if not.
- Warm clothing
- Trainers or other suitable footwear for cycling
- If you have a cycle repair kit & some simple cycle tools, then do bring them, if not don't worry.

Numbers limited to: 12

Pupils who turn up at school with inappropriate clothing, lack of waterproofs or in my opinion unroadworthy bikes, will be left in school for a normal school day. No refunds will be made.

Magdalen Court School is a Family Trust promoting children's education.

Magdalen Court School, Mulberry House, Victoria Park Road, Exeter EX2 4NU
Tel: (01392) 494919 Fax: 0844-0404 101 International: 44-1392-494919 (24hrs)
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I would like my son/daughter to take part in the Plym Valley Cycle Trip.
I enclose a cheque for £5.

Would you please pay these payments by cheque, marked with the child's name & the 'Plym Valley Cycle Trip' written on the back.
If you are not aware of the risks involved or the procedures we put in place to manage these, please ask myself, & I will be most happy to describe the activity in greater detail, explaining the potential risks your child will be exposed to.

Name of Child: Parent's signature:



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